### What is lost to circumcision?

<table>
<thead>
<tr>
<th>Section</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>50% or more of the penile skin.</strong></td>
<td>The foreskin, along with the rest of the shaft skin, is a mobile skin system and can freely move up and down the penile shaft, even during an erection.</td>
</tr>
<tr>
<td><strong>The pleasurable sensations of the ridged band.</strong></td>
<td>This ½ inch wide band of tissue near the tip of the foreskin is the most highly innervated and erogenous part of the penis. The loss of this tissue reduces a man’s pleasure and full range of sexual response.</td>
</tr>
<tr>
<td><strong>The foreskin’s gliding action.</strong></td>
<td>This is the hallmark mechanical feature of the natural human penis. The non-abrasive gliding of the penis in and out of its own sheath of skin facilitates smooth, comfortable, pleasurable intercourse for both partners.</td>
</tr>
<tr>
<td><strong>The comfort of a covered glans.</strong></td>
<td>The foreskin provides a warm, moist, protective covering for the sensitive glans. The glans of the circumcised penis becomes dry and thickened from exposure to air and rubbing against clothing.</td>
</tr>
<tr>
<td><strong>Choice.</strong></td>
<td>A man who was circumcised as an infant has lost his right to an intact body and the right to control what happens to his own body.</td>
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This border represents the average 15 square inches of sexually sensitive, protective tissue missing from an adult man’s circumcised penis. This includes 240 feet of nerves and between 10 to 20,000 nerve endings.

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For more information, or to find out how you can help, please visit these informative web sites.

**National Organization of Circumcision Information Resource Centers**
www.NOCIRC.org

In Colorado, visit www.ColoradoNOCIRC.org

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Circumcision Resource Center
www.circumcision.org

Circumcision Information and Resource Pages
www.cirp.org

Doctors Opposing Circumcision
www.DoctorsOpposingCircumcision.org

Nurses for the Rights of the Child
www.nurses.cirp.org

Catholics Against Circumcision
www.CatholicsAgainstCircumcision.org

Christians for Wholeness
www.Acts15.org

Jewish Circumcision Resource Center
www.JewishCircumcision.org

Islamic Circumcision Resources
www.norm-uk.org/circumcision_islam.html

The Intactivism Pages
www.circumstitions.com

Peaceful Beginnings
www.peacefulbeginnings.org

Attorneys for the Rights of the Child
www.arclaw.org

International Coalition for Genital Integrity
www.ICGI.org

Mothers Against Circumcision
www.MothersAgainstCirc.org

Historical, Medical, and Personal Circumcision Quotes
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